



# 7.0ChLP HEPI plates

- SURGICAL TECHNIQUE
- IMPLANTS 3.7098; 3.7099; 3.4159
- INSTRUMENT SET 15.0207.111



www.chm.eu

#### SYMBOLS DESCRIPTION

Ti	Titanium or titanium alloy	$\left( H\right)$	H length [mm]		
Co	Cobalt		Angle		
	Left	88 340	available lengths		
R	Right	4-22	Available number of holes		
LR	Available versions: left/right	1.8	Thickness [mm]		
Len	Length	1:1	Scale 1:1		
	Torx drive		Number of threaded holes in the shaft part of the plate		
	Torx drive cannulated	Torx drive cannulated  Number of locking holes in the plate			
	Hexagonal drive  Hexagonal drive cannulated  VA  Variable angle  Cortical				
$\odot$	Cannulated	<b>(2)</b>	Cancellous		
	Locking  Available in sterile/ non- sterile condition  Diameter [mm]  Available in sterile/ non- sterile condition  Refer to surgical technique				
$\triangle$	Caution - pay attention to a special procedure.				
	Perform the activity under X-Ray control.				
(i)	Information about the next stages of a procedure.				
	Proceed to the next stage.				
	Return to the specified stage and repeat the activity.				
	Before using the product, carefully read the Instructions for Use. It contains, an related to the use of the product.	mong others, inc	dications, contraindications, side effects, recommendations and warnings		
	The above description is not a detailed instruction of conduct. The surgeon decides about choosing the operating procedure.				

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 Document No
 ST/80-702A

 Date of issue
 27.04.2022

 Review date
 P-001-08.08.2022

 $The \ manufacturer \ reserves \ the \ right \ to \ introduce \ design \ changes.$ 

Updated INSTRUCTIONS FOR USE are available at the following website: ifu.chm.eu



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#### 1. INTRODUCTION

This surgical technique applies to plates used for correction of the angle deformity of long bones by inhibiting longitudinal growth of the physis. The plates are a part of the **ChLP** locked plating system developed by **ChM**. The presented range of implants is made of materials in accordance with ISO 5832 standards. The system includes:

- implants (plates and screws),
- instrument set used in the surgery,
- surgical technique.

#### **Indications**

Angular deformity of long bones of upper and lower limbs in patients with active epiphyseal plate.

#### Plate selection and shaping

The plates are available in different variants of screw holes spacing. This allows for optimal selection of the implant to the deformity type. Shaping of the plates is not allowed.



Before using the product, carefully read the Instructions for Use. It contains, among others, indications, contraindications, side effects, recommendations and warnings related to the use of the product.

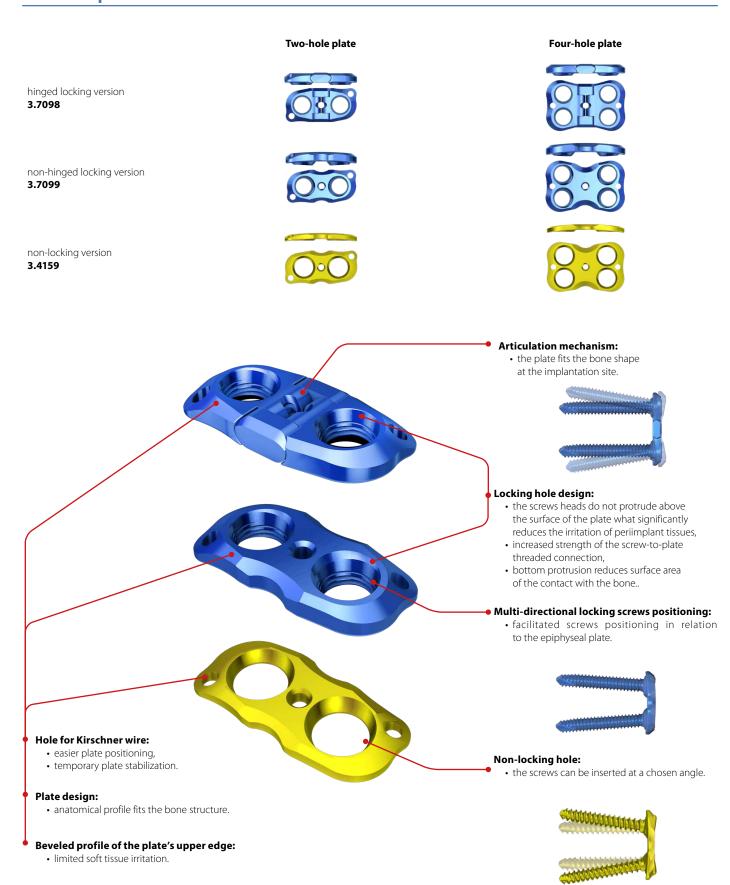


The above description is not a detailed instruction of conduct. The surgeon decides about choosing the operating procedure.

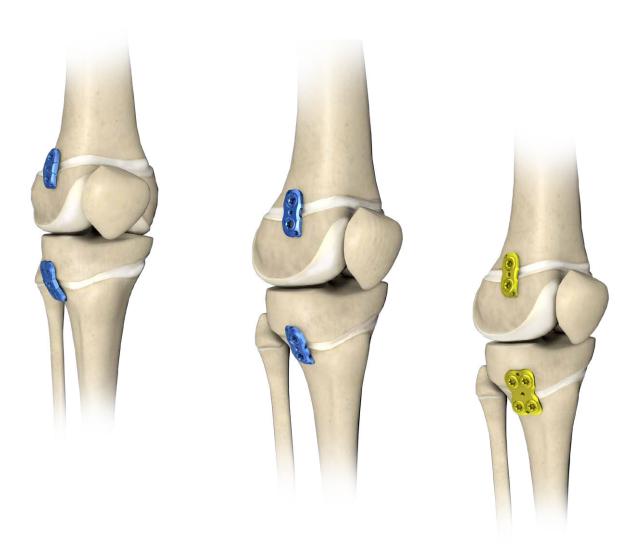
#### 2. IMPLANT FEATURES

HEPI plates are compatible with screws of **7.0ChLP** system. To facilitate their identification, both locking plates and screws are blue anodized, whereas non-locking plates and screws are gold anodized.

### **Available plates versions**



# 7.0ChLP HEPI plate



#### 3. SURGICAL TECHNIQUE

#### 3.1. PATIENT'S POSITIONING

It is recommended to place a patient supine.



#### 3.2. SURGICAL APPROACH

The surgical approach depends on the type and location of the deformity. Perform a longitudinal skin incision of approx. 2-3 cm above the epiphyseal plate. Retract the tissues to expose the implantation site.



NOTE: confirm the activity and location of the epiphyseal plate using X-Ray imaging.



#### 3.3. IMPLANT SELECTION

Select the right size of an implant to the anatomical bone structure.



The length of the plate should allow insertion of screws above and below the epiphyseal plate.

#### 3.4. INTRODUCTION OF KIRSCHNER WIRE

Insert Kirschner wire 2.0/130 **[40.4815.130]** centrally into the epiphyseal plate to a depth of approx. 1 cm.

40.4815.130



NOTE: introduce the wire under X-Ray control.





#### 3.5. PLATE INSERTION

Implant the chosen plate using the Kirchner wire 2.0/130 [40.4815.130]..

#### 3.5a. LOCKING PLATE INSERTION





3.5b. NON-LOCKING PLATE INSERTION

40.4815.130 40.6274.040



To facilitate plate insertion, enter the guide sleeve 7.0/4.0 **[40.6274.040]** into the plate locking hole and then both onto the bone using Kirschner wire 2.0/130 **[40.4815.130]**.

#### **3.6.** TEMPORARY PLATE STABILIZATION

If necessary, temporarily stabilize the implant position with Kirschner wires inserted into the dedicated holes in the plate.

40.4815.130



#### 3.7. SCREWS INSERTION



Make sure the screws do not interfere with the epiphyseal plate and the articular surface.

#### 3.7a. INTRODUCTION OF SCREWS TO A LOCKING PLATE

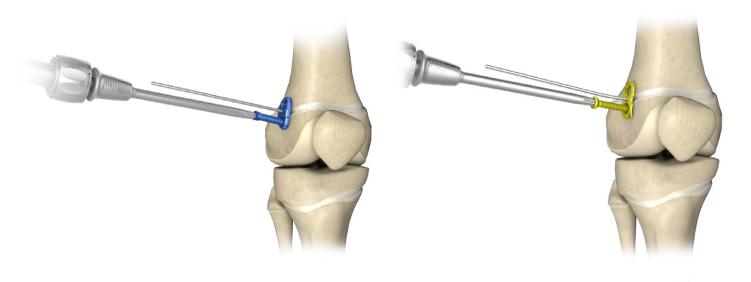
Insert **7.0ChLP** self-tapping screws 5.0 **[3.5210]** of appropriate length into the holes of the locking plate (*acc. to procedure 4a*). Use X-Ray imaging to verify the correct positioning of the plate and screws.

Remove the Kirschner wire.

#### 3.7b. INTRODUCTION OF SCREWS TO A NON-LOCKING PLATE

Insert cortical self-tapping screws 4.5 [3.1471] of appropriate length into the holes of the plate (*acc. to procedure 4b*). Use X-Ray imaging to verify the correct positioning of the plate and screws.

Remove the Kirschner wire.



#### 3.8. WOUND CLOSURE

Before closing the wound, take X-Ray images in at least two projections to confirm implant position. Make sure all the screws are properly tightened.

Use appropriate surgical technique to close the wound.

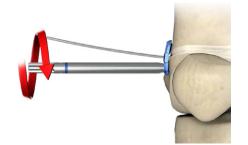
#### 4. SURGICAL PROCEDURES

#### 4a. PROCEDURE OF 7.0ChLP SELF-TAPPING SCREW 5.0 [3.5210] INSERTION

#### **Guide sleeve insertion**

• Insert guide sleeve 7.0/4.0 [40.6274.040] into a locking hole of the plate.





#### **Hole drilling**

Drill using drill with scale 4.0/160 [40.5651.162] until desired depth is reached.



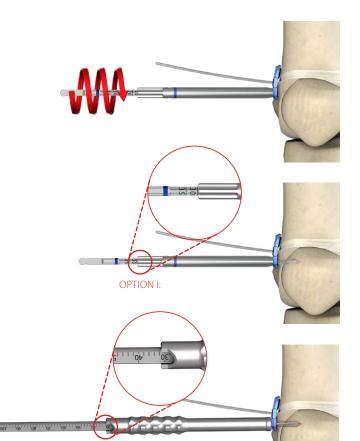
#### Measurement of hole depth

OPTION I: Read the length of the screw from the drill measure 4.0/160 [40.5651.162].



OPTION II: Having removed the guide sleeve 7.0/4.0 [40.5705.740], use depth measure [40.4639.550] to determine the length of a screw.



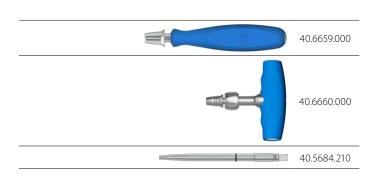


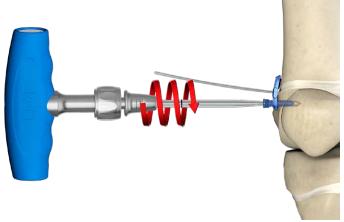
#### **Screw insertion**

Remove the guide sleeve 7.0/4.0 [40.6274.040].

In the initial phase, insert the locking screw with quick coupling handle 1/4 **[40.6659.000]** and screwdriver tip T25-1/4 **[40.5684.210]**.

In the final phase, lock the screw with the torque limiting ratchet handle T 4Nm **[40.6660.000]** and Screwdriver tip T25-1/4 **[40.5684.210]**.





**OPTION II:** 

# **4b.** PROCEDURE OF CORTICAL SELF-TAPPING SCREW 4.5 [3.1471] INSERTION

#### **Compression guide positioning**

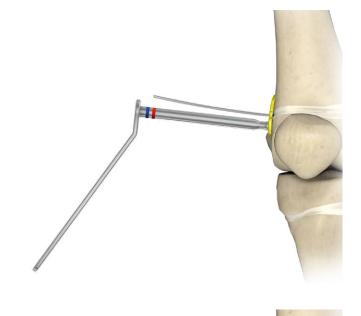
Position the guide VA 4.0 [40.8207.040] in a desired position:

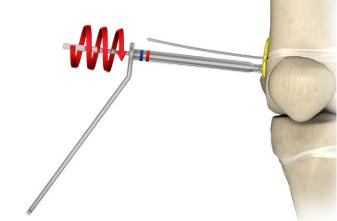


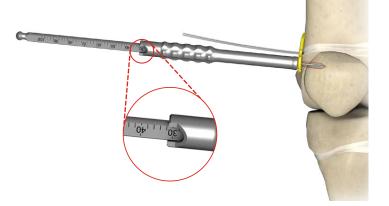
#### **Hole drilling**

Perform a hole for a cortical screw 4.5. Use drill with scale 3.2/160 [40.5650.162].









#### **Measurement of hole depth**

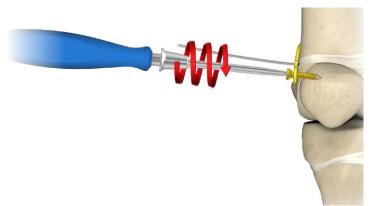
Insert depth measure [40.4639.550] into drilled hole.



#### **Screw insertion**

Insert cortical screw using Quick coupling handle 1/4 [40.6659.000] and Screwdriver tip T25-1/4 [40.5684.210].







# **5.** POSTOPERATIVE PROCEDURE

Introduce appropriate post-operative treatment. The physician decides on the post-operative treatment and its conduct.

#### **6. IMPLANT REMOVAL**

The physician decides about implant removal. In order to remove the locking plate from the body, unlock all the locking screws first and then remove them from the bone. This will prevent any rotation of the plate when removing the last locking screw.

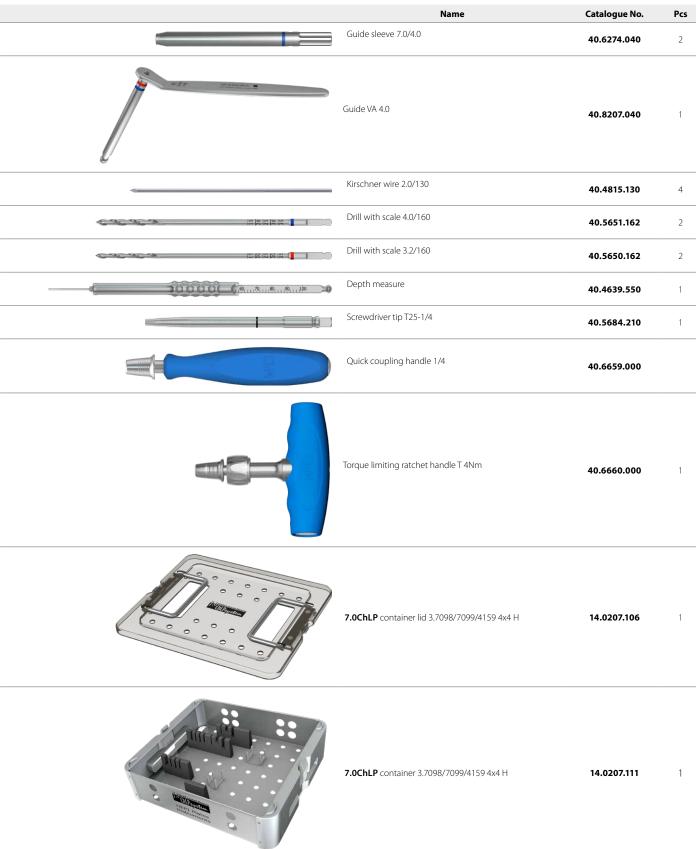
#### 7. CATALOGUE PAGES



#### 7a. INSTRUMENT SET

#### Instrument set for 7.0ChLP 3.7098/7099/4159 4x4H

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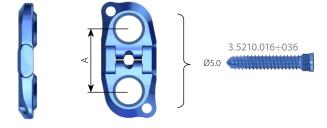
#### **7b.** IMPLANTS



#### 7.0ChLP HEPI plate 2hol.

О	<b>A</b> [mm]	Catalogue No.
2	12	3.7098.112
2	16	3.7098.116
2	20	3.7098.120

O – threaded holes number



#### 7.0ChLP HEPI plate 4hol.

0	<b>A</b> [mm]	Catalogue No.
4	16	3.7098.216
4	20	3.7098.220

O – threaded holes number







#### 7.0ChLP HEPI plate 2hol.

0	<b>A</b> [mm]	Catalogue No.
2	12	3.7099.112
2	16	3.7099.116
2	20	3.7099.120

O – threaded holes number



#### 7.0ChLP HEPI plate 4hol.

0	<b>A</b> [mm]	Catalogue No.
4	16	3.7099.216
4	20	3.7099.220

O – threaded holes number

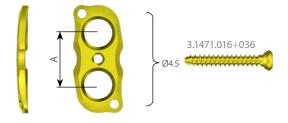




# HEPI plate 2hol.

0	A [mm]	Catalogue No.
2	12	3.4159.112
2	16	3.4159.116
2	20	3.4159.120

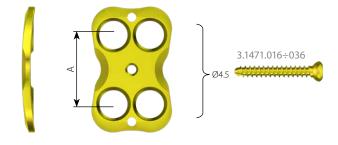
O – screws holes numer



# **HEPI plate 4hol.**

0	<b>A</b> [mm]	Catalogue No.
4	16	3.4159.216
4	20	3.4159.220

O – screws holes numer

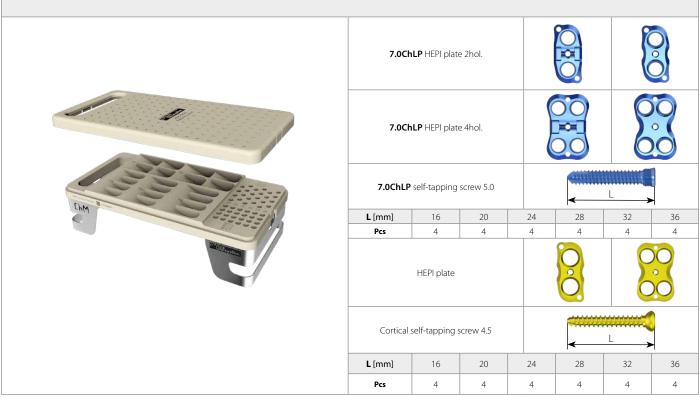






#### Stand for 7.0ChLP implants 3.7098/7099/4159 4x2H

14.0207.601



<sup>\*</sup> Stand does not include implants

#### 7c. SCREWS







#### 7.0ChLP self-tapping screw 5.0

#### **Cortical self-tapping screw 4.5**



Len	Ti
16	3.5210.016
20	3.5210.020
24	3.5210.024
28	3.5210.028
32	3.5210.032
36	3.5210.036



Len	Ti
16	3.1471.016
20	3.1471.020
24	3.1471.024
28	3.1471.028
32	3.1471.032
36	3.1471.036

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