# ChM®



7.0ChLP femoral periprosthetic plate

3.7220; 3.7221;

3.7222; 3.7223;

3.7224; 3.7225;

3.7276; 3.7277

- IMPLANTS
- INSTRUMENT SET
- SURGICAL TECHNIQUE



www.chm.eu

#### SYMBOLS DESCRIPTION

Ti	Titanium or titanium alloy	$\left( \begin{array}{c} H \end{array} \right)$	H length [mm]
Co	Cobalt		Angle
L	Left	88 340	available lengths
R	Right	4-22	Available number of holes
LR	Available versions: left/right	1.8	Thickness [mm]
Len	Length	1:1	Scale 1:1
	Torx drive		Number of threaded holes in the shaft part of the plate
	Torx drive cannulated		Number of locking holes in the plate
	Hexagonal drive	VA	Variable angle
	Hexagonal drive cannulated		Cortical
$\odot$	Cannulated		Cancellous
	Locking	Ster Non Ster	Available in sterile/ non- sterile condition
	Diameter [mm]		Refer to surgical technique
$\triangle$	Caution - pay attention to a special procedure.		
	Perform the activity under X-Ray control.		
i	Information about the next stages of a procedure.		
	Proceed to the next stage.		
	Return to the specified stage and repeat the activity.		
	Before using the product, carefully read the Instructions for Use. It contains, am related to the use of the product.	nong others, inc	dications, contraindications, side effects, recommendations and warnings
	The above description is not a detailed instruction of conduct. The surgeon de	cides about ch	oosing the operating procedure.

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 $The \ manufacturer \ reserves \ the \ right \ to \ introduce \ design \ changes.$ 

Updated INSTRUCTIONS FOR USE are available at the following website: ifu.chm.eu



1. INTRODUCTION	
2. IMPLANT DESCRIPTION	6
3. SURGICAL TECHNIQUE - 7.0CHLP FEMORAL PERIPROSTHETIC PLATE	Ģ
3.1. PATIENT'S POSITIONING	
3.2. SURGICAL APPROACH	
3.3. FRACTURE REDUCTION	
3.4. Implant selection	
3.5. PLATE INSERTION	
3.6. TEMPORARY PLATE STABILIZATION	1
3.7. SCREWS INSERTION	1
3.8. WOUND CLOSURE	1
4. SURGICAL PROCEDURES	11
4a. PROCEDURE OF TEMPORARY IMPLANT STABILIZATION	1
4b. PROCEDURE OF CORTICAL SELF-TAPPING SCREW 4.5 [3.1471] INSERTION	1
4c. PROCEDURE OF 7.0ChLP SELF-TAPPING SCREW 5.0 [3.5210] INSERTION	1
4d. PROCEDURE OF 7.0ChLP PERIPROSTHETIC SCREW 5.0 [3.5247] INSERTION	1
4e. PROCEDURE OF 7.0ChLP SCREW VA 4.0 [4.5246] INSERTION	1
4f. PROCEDURE OF 7.0ChLP SCREW VA 5.0 [4.5244] INSERTION	1
5. POSTOPERATIVE PROCEDURE	21
6. IMPLANT REMOVAL	2
7. CATALOGUE PAGES	22
7a. INSTRUMENT SET	2
7b. Implants	2
7c. Screws	2



#### 1. introduction

This surgical technique applies to 7.0ChLP locked plating system used for stabilization of proximal femur fractures. The plates are a part of the ChLP locked plating system developed by **ChM**. The presented range of implants is made of materials in accordance with ISO 5832 standards.

The system includes:

- implants (plates and screws),
- instrument set used in the surgery,
- surgical technique.

#### **Indications**

- · trochanteric osteotomies,
- · trochanteric fractures,
- periprosthetic femur fractures.

#### Plate selection and shaping

The plates are available in various lengths and for left and right limb separately. This allows for optimal selection of the implant to the fracture type. Shaping of the plates in their epiphyseal part is not allowed.



Before using the product, carefully read the Instructions for Use. It contains, among others, indications, contraindications, side effects, recommendations and warnings related to the use of the product.

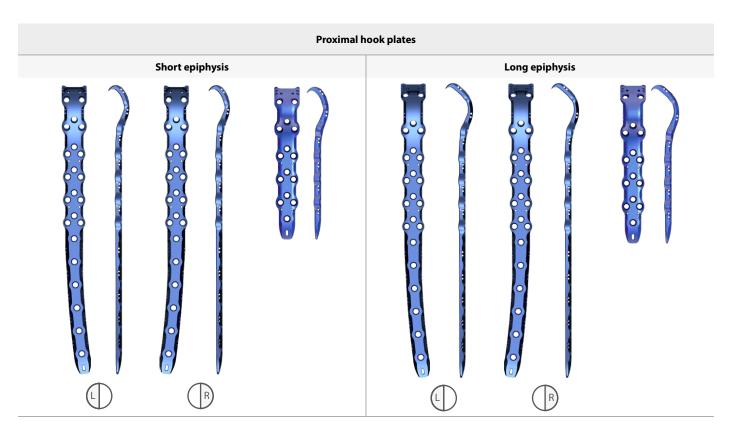


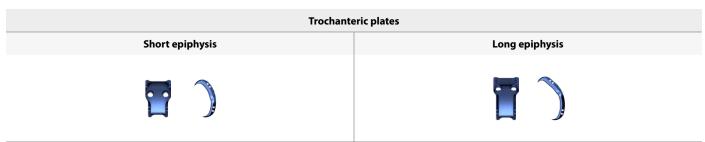
The above description is not a detailed instruction of conduct. The surgeon decides about choosing the operating procedure.

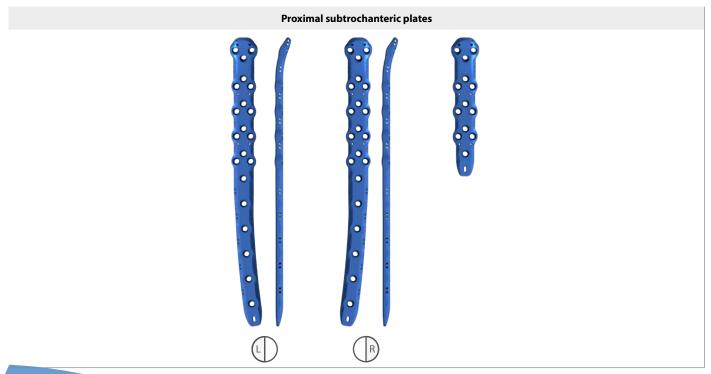


# 2. IMPLANT DESCRIPTION

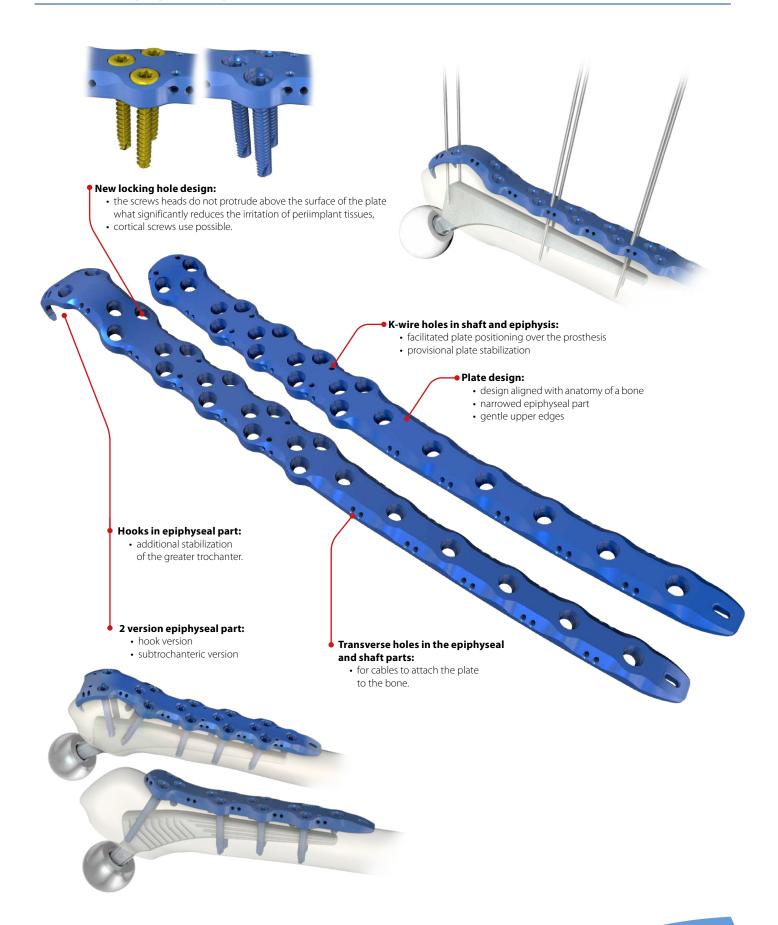
Femoral periprosthetic plates are a part of 7.0ChLP system. This system includes also compatible locking screws. To facilitate their identification, both titanium plate and screws are blue anodized.

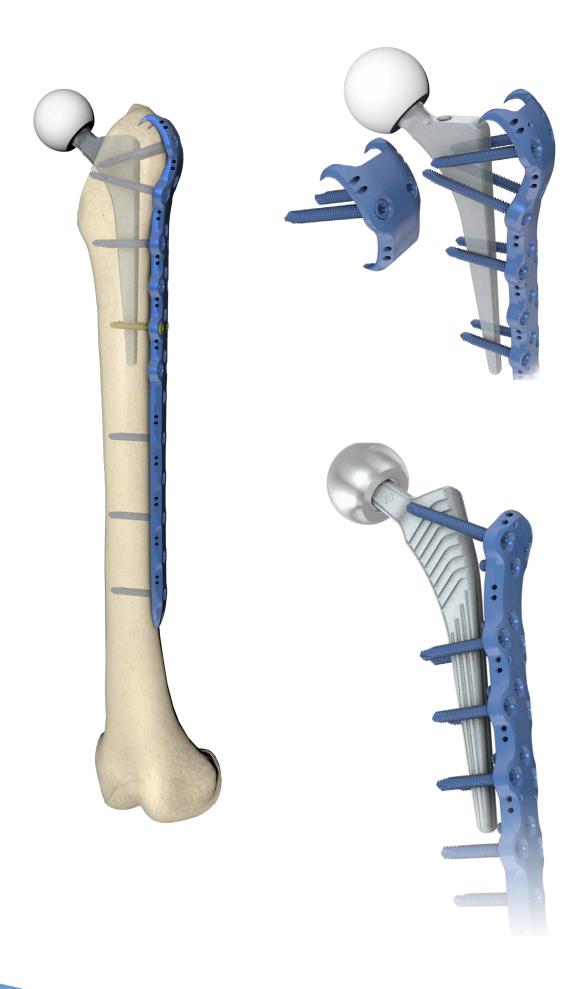






#### 7.0ChLP femoral periprosthetic plate

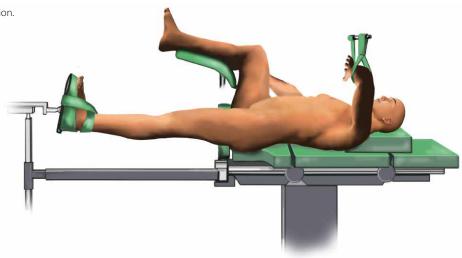




# 3. SURGICAL TECHNIQUE - 7.0ChLP femoral periprosthetic plate

#### 3.1. PATIENT'S POSITIONING

Place a patient supine. Ensure lateral and AP visualization.



#### 3.2. SURGICAL APPROACH

Lateral access. Perform a more or less extensive incision of the skin (depending on the implant used). The incision shall start from the top of the greater trochanter to the lateral condyle of the femur.



#### 3.3. FRACTURE REDUCTION

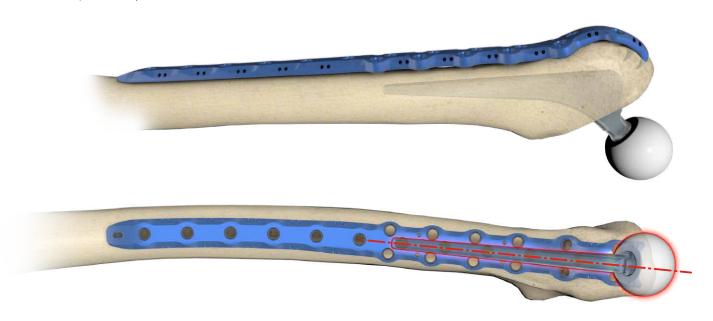
Perform fracture reduction. If need be, temporarily stabilize the bone fragments with Kirschner wires and/or reduction pliers.

#### 3.4. Implant selection

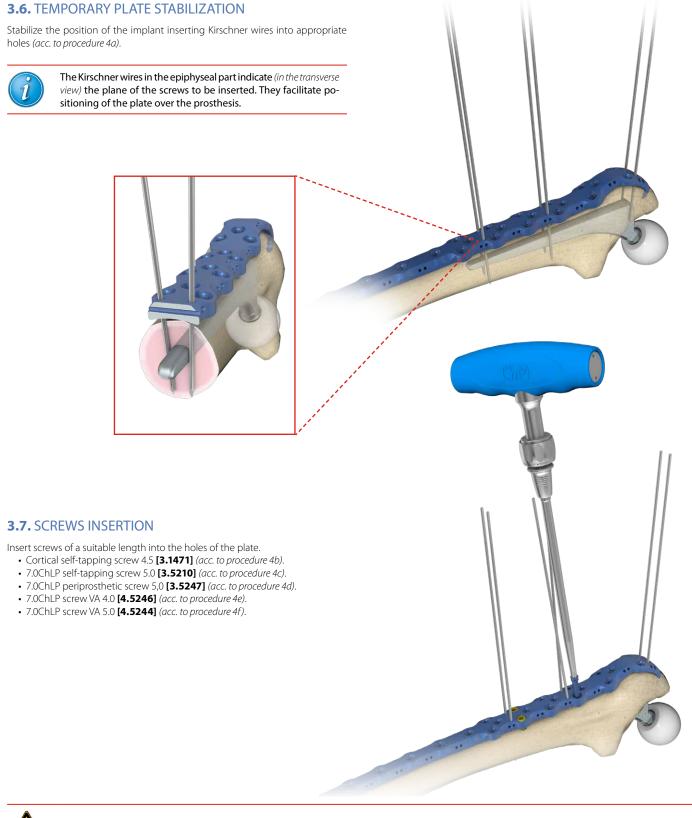
Select the right size of an implant to the type of fracture, bone size and structure.

#### 3.5. PLATE INSERTION

Position the implant correctly on the bone.









Insert the cortical screws 4.5 into a bone fragment before inserting the locking screws.



 $The \ doctor \ decides \ about \ the \ order \ and \ number \ of \ locking \ and \ cortical \ screws \ to \ be \ inserted.$ 

#### 3.8. WOUND CLOSURE

Before closing the wound, take an X-Ray image in at least two projections to confirm implant position and fracture reduction. Make sure all the screws are properly tightened and do not penetrate the joint surface. Use appropriate surgical technique to close the wound.

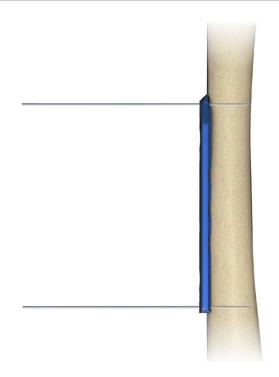
#### 4. SURGICAL PROCEDURES

#### 4a. PROCEDURE OF TEMPORARY IMPLANT STABILIZATION

#### **Stabilization using Kirschner wires**

• Stabilize temporary the implant inserting Kirschner wires 2.0/210 **[40.4815.210]** into dedicated holes in the plate.

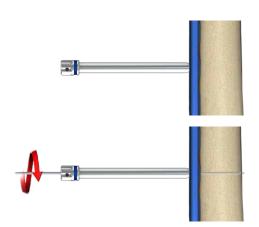
40.4815.210



#### Stabilization in locking holes using Kirschner wires

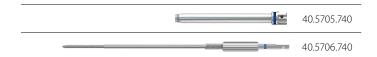
- Insert guide sleeve 7.0/4.0 [40.5705.740] into the locking hole of the plate.
- Insert Kirschner wire **[40.4815.210]** through the guide sleeve 7.0/4.0 **[40.5705.740]**.

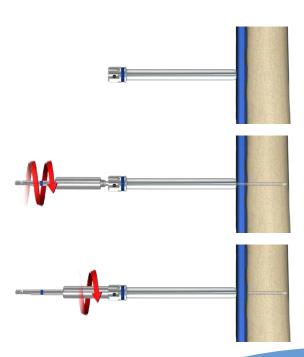
40.5705.740



#### Stabilization using setting-compressing screw

- Insert guide sleeve 7.0/4.0 [40.5705.740] into the locking hole of the plate.
- Insert setting-compressing screw 4.0/180 [40.5706.740] through the guide sleeve 7.0/4.0 [40.5705.740].
- Tighten the nut of the setting-compressing screw 4.0/180 **[40.5706.740]** and push the plate to the bone.



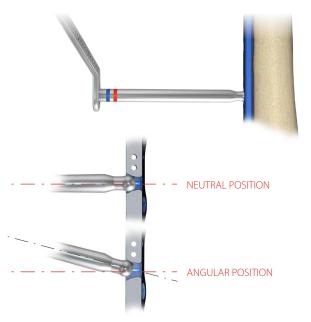


#### 4b. PROCEDURE OF CORTICAL SELF-TAPPING SCREW 4.5 [3.1471] INSERTION

#### **Compression guide positioning**

Position the compression guide VA 4.0 [40.8207.040] in a desired position:

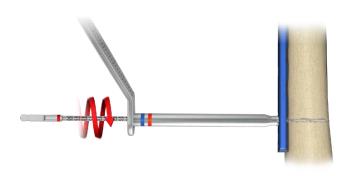




### **Hole drilling**

Perform a hole through both cortices for a cortical screw 4,5 insertion. For drilling, use drill with scale 3.2/210 **[40.5650.212]** and compression guide in a desired position.

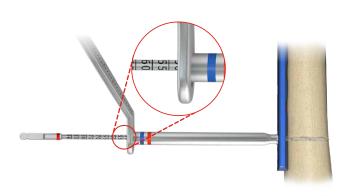
40.5650.212



#### **Measurement of hole depth**

OPTION I: Determine the length of the screw using the scale on the drill with scale 3,2/210 [40.5650.212].

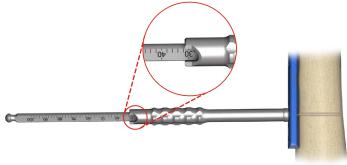
40.5650.212





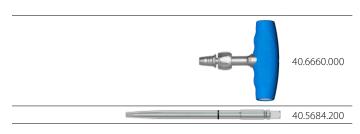
OPTION II: Insert depth measure [40.4639.550]] into drilled hole until the hook of the measure rests against the outer surface of the second cortex.

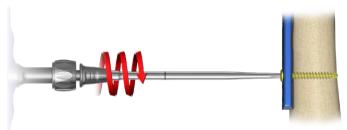




#### **Screw insertion**

Insert cortical screw using torque limiting ratchet T handle 4Nm **[40.6660.000]** and screwdriver tip T25 **[40.5684.200]**.



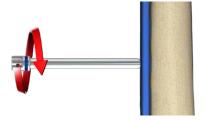


# **4c.** PROCEDURE OF 7.0ChLP SELF-TAPPING SCREW 5.0 **[3.5210]** INSERTION

#### **Guide sleeve insertion**

• Insert guide sleeve 7.0/4.0 [40.5705.740] into the locking hole of the plate.





#### **Hole drilling**

Drill using drill with a scale 4.0/210 **[40.5651.212]** until desired depth is reached.

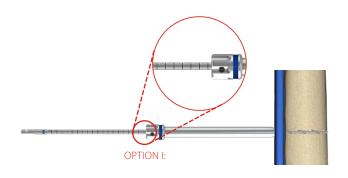
40.5651.212

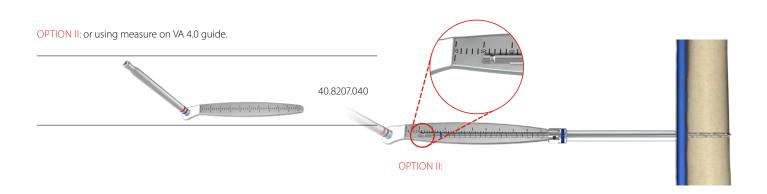


#### Measurement of hole depth

OPTION I: Determine the length of the screw using the scale on the drill with scale 4.0/210 **[40.5651.212]**.

40.5651.212

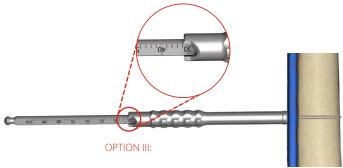






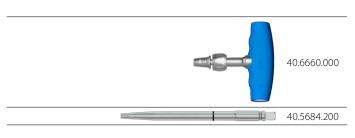
OPTION III: Having removed the guide sleeve 7.0/4.0 **[40.5705.740]**, use depth measure **[40.4639.550]** to determine the lenght of the screw.

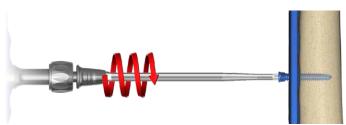




#### **Screw insertion**

Remove guide sleeve 7.0/4.0 **[40.5705.740]**. Insert locking screw using torque limiting ratchet T handle 4Nm **[40.6660.000]** and screwdriver tip T25 **[40.5684.000]**.



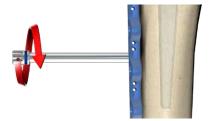


#### 4d. PROCEDURE OF 7.0ChLP PERIPROSTHETIC SCREW 5.0 [3.5247] INSERTION

#### **Guide sleeve insertion**

• Insert guide sleeve 7.0/4.0 [40.5705.740] into the locking hole of the plate.





#### **Hole drilling**

Drill using drill with a scale 4.0/210 [40.5651.212] until desired depth is reached.

40.5651.212



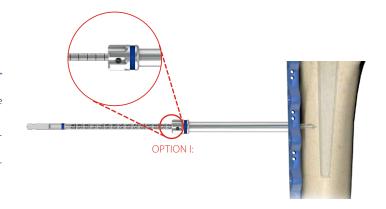
Drill under X-Ray control to avoid a collision of the drill with already implanted screws.



#### Measurement of hole depth

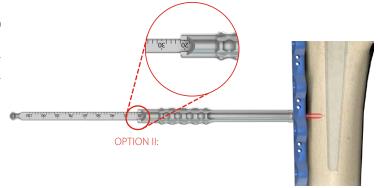
OPTION I: Determine the lenght of the screw using the scale on the drill with scale 4.0/210 [40.5651.212].

40.5651.212



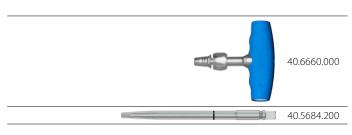
OPTION II: Having removed the guide sleeve 7.0/4.0 [40.5705.740], use depth measure [40.4639.550] to determine the length of the screw.

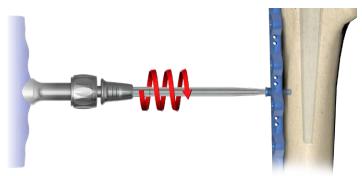




#### **Screw insertion**

Remove guide sleeve 7.0/4.0 **[40.5705.740]**. Insert locking screw using torque limiting ratchet T handle 4Nm **[40.6660.000]** and screwdriver tip T25 **[40.5684.000]**.





#### 4e. PROCEDURE OF 7.0ChLP SCREW VA 4.0 [4.5246] INSERTION



When using variable angle (VA) screws, there is a risk of collision of screws or a drill with already implanted screws. Well-thought-out trajectory of inserted screws and intraoperative X-Ray control of drilling reduces the risk of the collision.

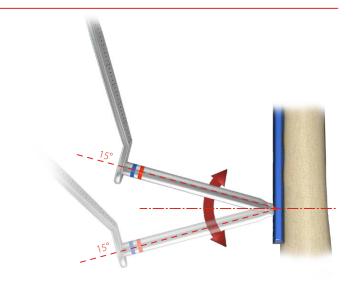
#### **Guide VA positioning**

- Insert the guide VA 4,0 [40.8207.040] na pełną głębokość w osi otworu blokowanego. into the locking hole co-axially.
- Set the desired inclination of the guide in relation to the locking hole axis. The guide enables the inclination of 15° in each direction with respect to the axis of the locking hole.





Exceeding the inclination angle of more than 15° may prevent proper locking of the VA screw in the plate hole.



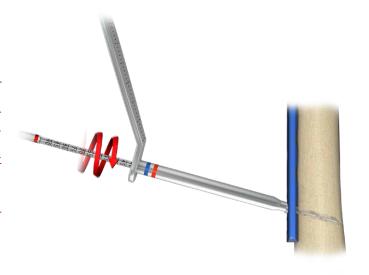
#### **Hole drilling**

• Drill using drill with scale 3,2/210 [40.5650.212] until desired depth is reached.

40.5650.212



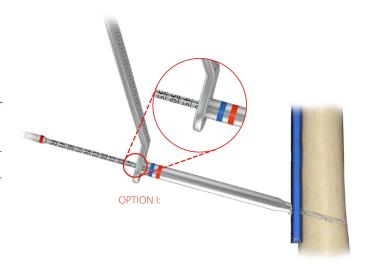
Drill under X-Ray control to avoid a collision of the drill with already implanted screws.



#### **Measurement of hole depth**

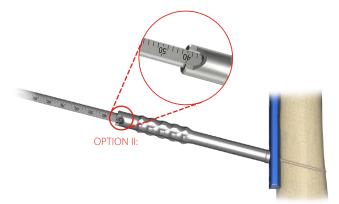
OPTION I: Read the length of the screw from the drill measure [40.5650.212]

40.5650.212



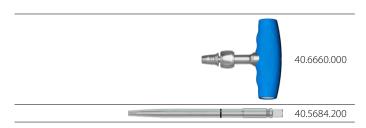
OPTION II: Having removed the guide VA, use depth measure **[40.4639.550]** to determine the length of the screw.





#### **Screw insertion**

Use torque limiting ratchet handle 4Nm **[40.6660.000]** and screwdriver tip T25 **[40.5684.200]** to insert the VA screw.







#### Change of the VA screw positioning

It is possible to lock the VA screw three times in the threaded hole of the plate.

The hole in the plate in which the VA screw was locked cannot be used to insert a standard locking screw.

#### 4f. PROCEDURE OF 7.0ChLP SCREW VA 5.0 [4.5244] INSERTION



When using variable angle (VA) screws, there is a risk of collision of screws or a drill with already implanted screws. Well-thought-out trajectory of inserted screws and intraoperative X-Ray control of drilling reduces the risk of the collision.

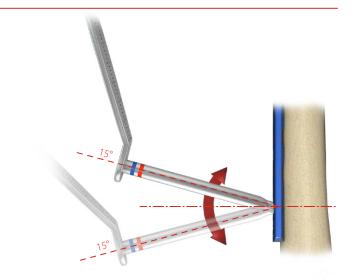
#### **Guide VA positioning**

- Insert the guide VA 4,0 [40.8207.040] into the locking hole co-axially.
- Set the desired inclination of the guide in relation to the locking hole axis. The guide enables the inclination of 15° in each direction with respect to the axis of the locking hole.





Exceeding the inclination angle of more than  $15^\circ$  may prevent proper locking of the VA screw in the plate hole.



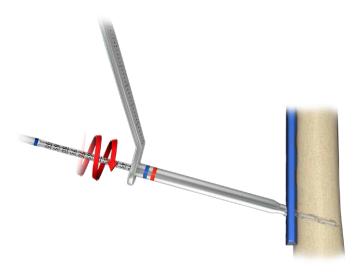
#### **Hole drilling**

• Drill using drill with scale 4,0/210 [40.5651.212] until desired depth is reached.

40.5651.212



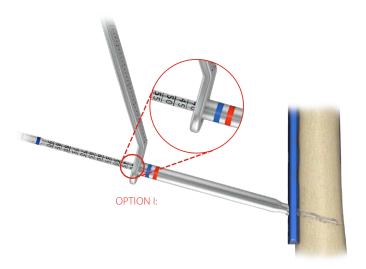
Drill under X-Ray control to avoid a collision of the drill with already implanted screws.



#### **Measurement of hole depth**

WARIANT I: Read the length of the screw from the drill measure 4,0/210 [40.5651.212]

40.5651.212





WARIANT II: Having removed the guide VA, use depth measure [40.4639.550] to determine the length of the screw.

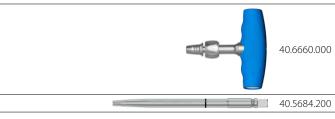


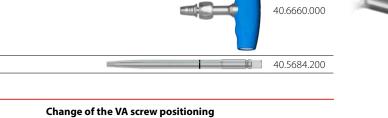


#### **Screw insertion**

Use torque limiting ratchet handle 4Nm

[40.6660.000] and screwdriver tip T25 [40.5684.200] to insert the VA screw.







It is possible to lock the VA screw three times in the threaded hole of the plate.

The hole in the plate in which the VA screw was locked cannot be used to insert a standard locking screw.





# 5. POSTOPERATIVE PROCEDURE

Introduce appropriate postoperative treatment. The physician decides on the post-operative treatment and its conduct. In order to avoid patient's movement limitations, introduce exercises as soon after surgery as possible. However, make sure that the limb is not fully loaded before fragments osteosynthesis is complete.

#### 6. IMPLANT REMOVAL

The physician decides about implant removal. In order to remove the implants from the body, unlock all the locking screws first and then remove them from the bone. This will prevent any rotation of the plate when removing the last locking screw.

# 7. CATALOGUE PAGES

#### **7a.** INSTRUMENT SET

#### Instrument set for 7.0ChLP 4x4 1/2H

15.0207.208

Instrument set for 7.0ChLP 4x4 1/2H		15.02	07.208
	Name	Catalogue no.	Pcs.
The state of the s	Tray for 7.0ChLP instrument set 4x4 1/2H	14.0207.208	1
	Kirschner wire 2.0/210	40.4815.210	4
IN DO INTO INTO INTO INTO INTO INTO INTO INT	Drill with scale 3.2/210	40.5650.212	2
	Drill with scale 4.0/210	40.5651.212	2
	Cannulated drill with scale 5.0/2.2/210	40.5652.212	1
	Setting-compressing screw 4.0/180	40.5706.740	1
Control Action Action (Action)	Guide VA 4.0	40.8207.040	1
	Guide sleeve 7.0/4.0	40.5705.740	3
	Guide sleeve 7.0/3.2	40.5705.732	2
	Guide sleeve 9/5.0	40.5654.750	1
	Guide sleeve 5.0/2.0	40.5654.120	1
	Protective guide 9/7	40.5708.000	2
	Torque limiting ratchet handle T 4Nm	40.6660.000	1
	Screwdriver tip T25-1/4	40.5684.200	1
	Cannulated screwdriver tip T30-1/4	40.5685.200	1
30000 (	Depth measure	40.4639.550	1
Option	al instrument		
	Torque connector 4Nm	40.5927.040	



#### **OPTIONAL TOOLS**

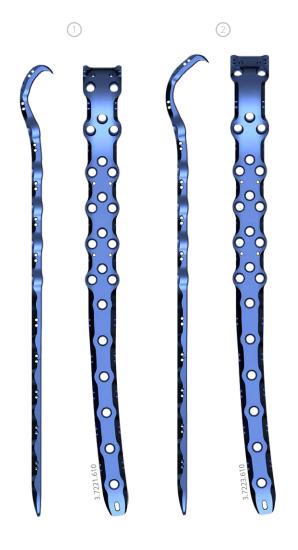
Optional instrument 7.0ChLP cerclage screws 3.1221.170				
	Tripod screwdriver tip 7.0ChLP	40.6271.700		

# **7b.** Implants



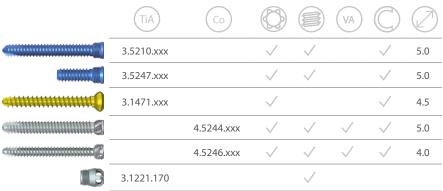
LONG

#### 7.0ChLP femoral periprosthetic plate



(	1		Ti	SHORT
		Len		R
	6	222	3.7221.606	3.7220.606
	8	274	3.7221.608	3.7220.608
	10	326	3.7221.610	3.7220.610
	12	378	3.7221.612	3.7220.612

229 3.7223.606 3.7222.606 6 8 281 3.7223.608 3.7222.608 10 333 3.7223.610 3.7222.610 384 3.7223.612 3.7222.612 12







# 7.0ChLP trochanteric periprosthetic plate





2			LONG
4	176	3.7277.604	

	TiA	Co			VA		
	3.5210.xxx		<b>/</b>	<b>/</b>		<b>/</b>	5.0
CORPORATE ME	3.5247.xxx		<b>/</b>	<b>/</b>		<b>/</b>	5.0
	3.1471.xxx		<b>/</b>			<b>/</b>	4.5
		4.5244.xxx	<b>/</b>	<b>/</b>	<b>/</b>	<b>/</b>	5.0
		4.5246.xxx	<b>/</b>	<b>/</b>	<b>/</b>	<b>/</b>	4.0
	3.1221.170			<b>/</b>			



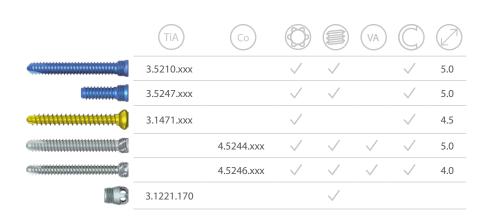


#### 7.0ChLP trochanteric periprosthetic plate





2			LONG
2	50	3.7225.600	



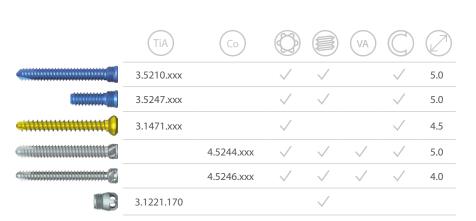




#### 7.0ChLP femoral periprosthetic plate



			ſij)
	Len		R
6	196	3.7273.606	3.7274.606
8	248	3.7273.608	3.7274.608
10	300	3.7273.610	3.7274.610
12	352	3.7273.612	3.7274.612

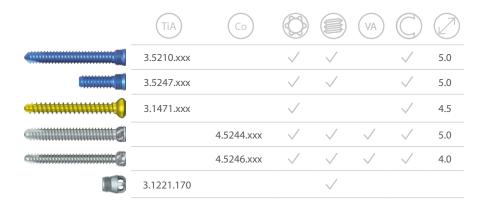




# 7.0ChLP femoral periprosthetic plate









#### **7c.** Screws



#### 7.0ChLP self-tapping screw 5.0

#### **Cortical self-tapping screw 4.5**





Len	TiA
16	3.5210.016
18	3.5210.018
20	3.5210.020
22	3.5210.022
24	3.5210.024
26	3.5210.026
28	3.5210.028
30	3.5210.030
32	3.5210.032
34	3.5210.034
36	3.5210.036
38	3.5210.038
40	3.5210.040
42	3.5210.042
44	3.5210.044
46	3.5210.046
48	3.5210.048
50	3.5210.050
52	3.5210.052
54	3.5210.054
56	3.5210.056
58	3.5210.058
60	3.5210.060
65	3.5210.065
70	3.5210.070
75	3.5210.075
80	3.5210.080
85	3.5210.085
90	3.5210.090
95	3.5210.095
100	3.5210.100
105	3.5210.105
110	3.5210.110





(Len)	(TiA)	
16	3.1471.016	
18	3.1471.018	
20	3.1471.020	
22	3.1471.022	
24	3.1471.024	
26	3.1471.026	
28	3.1471.028	
30	3.1471.030	
32	3.1471.032	
34	3.1471.034	
36	3.1471.036	
38	3.1471.038	
40	3.1471.040	
42	3.1471.042	
44	3.1471.044	
46	3.1471.046	
48	3.1471.048	
50	3.1471.050	
52	3.1471.052	
54	3.1471.054	
56	3.1471.056	
58	3.1471.058	
60	3.1471.060	
65	3.1471.065	
70	3.1471.070	
75	3.1471.075	
80	3.1471.080	
85	3.1471.085	
90	3.1471.090	
95	3.1471.095	
100	3.1471.100	
105	3.1471.105	_
110	3.1471.110	_

#### 7.0ChLP periprosthetic screw 5,0





Len	TiA
10	3.5247.010
12	3.5247.012
14	3.5247.014
16	3.5247.016
18	3.5247.018
20	3.5247.020

#### 7.0ChLP cerclage screws





TiA



NOTE: Screw dedicated to periprosthetic plates.
Optional instruments for cerclage screws - Tripod screwdriver tip 7.0ChLP [40.6271.700]

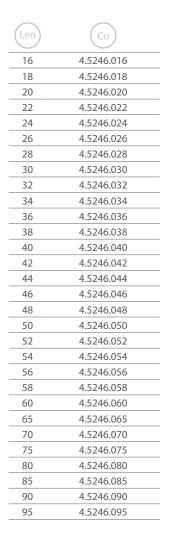


#### 7.0ChLP screw VA 4.0

#### 7.0ChLP screw VA 5.0











(Len)	(Co)			
16	4.5244.016			
18	4.5244.018			
20	4.5244.020			
22	4.5244.022			
24	4.5244.024			
26	4.5244.026			
28	4.5244.028			
30	4.5244.030			
32	4.5244.032			
34	4.5244.034			
36	4.5244.036			
38	4.5244.038			
40	4.5244.040			
42	4.5244.042			
44	4.5244.044			
46	4.5244.046			
48	4.5244.048			
50	4.5244.050			
52	4.5244.052			
54	4.5244.054			
56	4.5244.056			
58	4.5244.058			
60	4.5244.060			
65	4.5244.065			
70	4.5244.070			
75	4.5244.075			
80	4.5244.080			
85	4.5244.085			
90	4.5244.090			
95	4.5244.095			
100	4.5244.100			
105	4.5244.105			
110	4.5244.110			

# ChM sp. z o.o.

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